

# New Paradigm Navigators

Students of Spiritual Science Symposium | July 6-7, 2024

"Visions of a New Paradigm"

in collaboration with



The Scientific &  
Medical Network

6TH - 7TH JULY 2024  
11AM - 5PM UK TIME

PAPER PRESENTATIONS, WORKSHOPS, MUSIC, ART  
BY THE NEXT GENERATION OF SPIRITUAL SCIENTISTS



Lydia



Ruth



Arabella



Camila



Jahson



Vanessa



Ryan



Natalie



Lisa



Davide



Remo



Gloria



Tobias



Shanna



Vyushti



Karalee



Reece



Laurel

VISIONS OF A NEW PARADIGM



# Saturday 6th July

## 11am to 5pm UK time

Please note all times given in BST - please visit <https://www.worldtimebuddy.com/> to find your local time

TIME	EVENT	PRESENTER / TITLE OF OFFERING
11:00am	Audience joining and welcome space	
11:15am	Ritual opening	Lydia Picoli
11:30am	Introduction to Symposium	NPN - Laurel Waterman
11:45am	Session 1 - Paper presentations followed by Q&A	Ruth Vassilas - 'Being' between worlds Remo Eerma - Building an inner empire in the creators' economy
12:50pm	Creative piece	Jahson Tehuti - Inner Heights
1:10pm	Break	
1:30pm	Workshop	Vanessa Walach - Heart coherence
2:15pm	Session 2 - Paper presentations followed by Q&A	Vyushti Johari - Understanding human consciousness from a postmaterialist lens Karalee Kothe - Terminal lucidity in children and implications for our understanding of life, death and consciousness Reece Kothe - Nature visualisation and meditation
3:35pm	Conversation Space	
3:50pm	Creative piece	Ryan Evans Kuhlman - 'Liberated': oil painting on wood panel

Saturday 6th July  
11am to 5pm UK time

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TIME	EVENT	PRESENTER / TITLE OF OFFERING
4:05pm	Workshop	Lydia Picoli - Coming Home to Self as Nature: embark on a transformative journey to explore the profound connection between spirituality, nature, and environmentalism.
4:45pm	Integration and closing thoughts	New Paradigm Navigators
5:00pm	Close of day one	

”Creating community and building bridges between different ways of knowing and experiencing the world through the written and spoken word, art, poetry, comedy, spiritual practice and music....”

Get your Symposium tickets here!



Sunday 7th July

11am to 5pm UK time

Please note all times given in BST - please visit <https://www.worldtimebuddy.com/> to find your local time

TIME	EVENT	PRESENTER / TITLE OF OFFERING
11:00am	Audience joining and welcome space	
11:15am	Welcome to day two - ritual space	Lydia Picoli
11:30am	Creative piece	Natalie Mears - Storytelling
11:50am	Session 3 - Paper presentations followed by Q&A	Lisa Stockley - How studying astrology brings changes to the cosmology of students Davide Lavina - The connection that astrology and archetypal cosmology have to transpersonal and depth psychology Arabella Thaïs - A new cosmo-aesthetic theory of everything
1:10pm	Break	
1:40pm	Workshop	Camila Ortega - Nurturing the Spirit through self-expression
2:20pm	Creative piece/presentation	Gloria Yehilevsky - The impact of profound states of consciousness in insight meditation on cognitive flexibility
2:50pm	Session 4 - Paper presentations followed by Q&A	Tobias Wängberg - The role of the visceral in thinking and scientific discovery Shanna Dobson - Dark imaginarium: infinity-curiosity and dark consciousness in P-adic time



Sunday 7th July  
11am to 5pm UK time

Please note all times given in BST - please visit <https://www.worldtimebuddy.com/> to find your local time

TIME	EVENT	PRESENTER / TITLE OF OFFERING
3:45pm	NPN panel discussion/Q&A Conversation	New Paradigm Navigators
4:15pm	Closing circle	Lydia Picoli
5:00pm	Symposium close	

”Exploring new paradigms that will herald in a new way of being on the earth. We are the system changers, merging transpersonal practice and study to bring about dynamic and heart-centred solutions to the uncertain times we live in.”

Get your Symposium tickets here!





# Speaker Information

Presenter	Biography
Shanna Dobson	<p>Shanna is a PhD Candidate in Mathematics at the University of California, Riverside. Shanna is an NSF Mathematical Sciences Graduate Research Fellow, UCR Chancellor Distinguished Fellow, Caltech SURF Fellow, Institute for Advanced Study Women and Mathematics Ambassador, Associate Member of the Sigma Xi Scientific Research Honor Society, USC CUE &amp; CETL Faculty Equity Fellow, and Mellon Foundation grantee. Her research interests are arithmetic geometry and category theory. Shanna is the Lead Guest Editor of the EDGE Special Collection for Research in the Mathematical Sciences. I am Associate Editor of the Anneli Lax New Mathematical Library, President of the AWM Chapter at UCR, and Co-Organizer of SLMath’s Celebration of Women in Mathematics. Shanna is the creator of a new AWM Research Network called Women, Art, and Mathematics (WAAM). The aim of the network is to amplify variations in mathematical thinking, and highlight research and pedagogy at the intersections of mathematics and the arts. Additionally, Shanna is a Member of the 2024 Scientific Advisory Board at the Active Inference Institute. She is the creator and facilitator of the MathArt Conversations Educational Project. Shanna surveys the intersections of mathematics and continental philosophy, and the intersections of mathematics and the literary arts.</p>
Remo Eerma	<p>Remo is a father of two, a passionate student of Transpersonal Psychology currently studying an MSc at the Alef Trust Institute, and a practicing psychotherapist. He is also a New Media enthusiast, producing video &amp; podcasts, digging for pearls and distilling wisdom from our rich past and traditions. Remo is deeply interested in meaning, mysticism and magic. Through his work he aspires to be an agent of re-enchantment helping people remember their true calling, origin and creative potential.</p>
Ryan Evans Kuhlman	<p>Ryan is a multi-disciplinary artist. He has explored a number of different mediums and styles, including oil, watercolor, and pencil, via realism, surrealism, mystical and visionary art. While not formally trained, he spent many years studying and practicing with various local artists in Los Angeles, slowly growing a wide range of skills and perspectives. He also has a Master’s degree in Clinical Psychology, which influences his work particularly in the form of symbolism and meaning built into the image. At the end of the day, his goal is to create from the heart, and create images that capture the mind, imagination or emotions of whoever is looking at them.</p> <p>Ryan’s contribution at the Symposium is an oil painting on wood panel, 6” x 20”, titled “Liberated”. The concept is what mystics, Buddhist and other spiritual practices refer to when speaking of becoming liberated from the ego and from the cycles of Samsara.</p>



Presenter	Biography
Vyushti Johari	Vyushti has recently graduated from the Psychology and Spirituality at Columbia University, Teachers College. She enjoys researching the intersectionality of quantum physics, psychology and spirituality, and exploring implications on consciousness. She hopes to expand the field of psychology to incorporate post-materialist perspectives into mainstream practice and dialogue. To achieve this goal, she is currently developing a psycho-spiritual protocol for coaches and therapists.
Karalee Kothe	Karalee is currently studying for her PhD in clinical health psychology at CU Denver and doing research in meaning in life, the animal human bond, and terminal lucidity, the sudden return of energy and clarity before death. Karalee has been curious about the nature of reality her entire life, and she is constantly exploring threshold states, exceptional experiences, non-human intelligences, and beyond. By examining our attitudes towards death, Karalee believes it reveals our attitude towards life. At this moment of history, we need to find common ground in our shared mortality and shared connection to this planet. Karalee believes by looking inward, we can find what is needed for outward change. At the Symposium, Karalee will give an overview of what terminal lucidity is, then review the findings of our children and adult ongoing research project, and conclude with implications of terminal lucidity for our understanding of consciousness, of reality, and spirituality.
Reece Kothe	Reece is a PhD candidate in health psychology at Montana State University exploring the protective health factors that impact the local Blackfeet Nation. Above all else, Reece is a student of consciousness seeking the true nature of existence. Reece is deeply interested in the interplay of the natural world and mindfulness especially as its connected with indigenous world views and wisdom. The natural world affords us all the necessary understanding to enhance our self-awareness, accelerating the path to greater human flourishing. Using mindfulness as the light of awareness, and nature as the conduit to the opening of the heart, we can revitalize the “oneness” with all living things which is subsequently the cornerstone of most native philosophy. In the frenzy of modern human life in the 21st century, its paramount that the connection to nature is rekindled for it is this connection that can liberate and heal all those who seek and connect with its timeless intelligence. Utilizing powerful nature visualizations, Reece will act as a guide using meditation as the vehicle to reawaken this connection that can at times be lost but is always near; re-established through gentle intention and present moment awareness.
Davide Lavina	Davide has a background in International Finance, Economics, and Management from Bocconi University, and he furthered his expertise with a Dual Master’s in International Management from Erasmus University (The Netherlands) and Tsinghua University (China) via the CEMS alliance. Additionally, Davide holds a BSc in Psychology from La Sapienza University and a MSc in Transpersonal Psychology from Liverpool John Moores University. His advanced studies include a Diploma in Psychological Astrology from the Centre for Psychological Astrology/MISPA and further studies at the Faculty of Astrological Studies, as well as training in Human Design, Lithotherapy, and Shyamji’s Bhatnagar’s Microchakra Psychology model. Davide is also a PSYCH-K™ Facilitator, a Certified Practitioner of Fred Gallo’s Energy Psychology model (EDxTM™) and he is part of the Guild of Practitioners of the Archetypes at Work™ Model. Currently, he’s training with Claudia Rainville’s Metamedicine School as well as with the Aura-Soma Academy to include further dimensions of healing based on somatic symbolism and color-therapy. Davide is fluent in English, Italian, French, and Spanish. He currently resides in Luxembourg, where he continues to apply his holistic approach and intuitive abilities to personal and organizational development.



Presenter	Biography
Natalie Mears	Natalie was a Public Health professional with a MSc in Public Health from the London School of Hygiene & Tropical Medicine, and a first class honors degree in Psychology from UWE Bristol. She has a decade’s worth of experience in Public Health including NHS, World Health Organization, local authorities and corporate settings. After a profound paradigm shift, caused by her physical health, Natalie changed career - she is now a Hypnotherapist practicing Rapid Transformational Therapy (RTT), specialising in Irritable Bowel Syndrome (IBS). Natalie has a deep affinity with nature – she can be found foraging, exploring waterways, observing the plant and animal kingdom! Some of her favourite things to do are finding ‘food treasure’, helping others, paddleboarding, wild swimming, learning about ‘food treasure’ and medicinal properties of plants.
Camila Ortega	Camila is a psychologist and art therapist with years of experience guiding individuals through transformative journeys of self-discovery and healing. Holding an MA in Psychology in Education with a concentration in Spirituality, Mind, and Body and an MA in Art Therapy, Camila has developed a unique approach that integrates traditional therapeutic methods with creative expression. Her passion lies in using creativity as a powerful conduit to connect with spirituality, helping clients tap into their inner wisdom and explore the depths of their psyche. Camila’s practice is centered around creating a safe and nurturing environment for her clients where they can explore their spiritual beliefs and experiences through creative exploration. She uses various artistic mediums, such as painting, drawing, and music, to facilitate emotional expression and spiritual growth. She believes that art can transcend verbal communication, offering a profound means to access and heal unresolved issues and to gain a deeper understanding of emotions.
Lydia Picoli	Lydia is a spiritual coach, holistic healer and priestess with over half a decade of experience and training, including writing and presenting on quantum physics, consciousness, peace, and spirituality at academic conferences. She has empowered hundreds of individuals to embark on transformative journeys of self-discovery and personal growth, guiding them to uncover their unique paths and live authentically through her coaching, ceremonial space-holding, healing, multidisciplinary expertise, and unwavering passion. Lydia is a Master’s candidate in Psychology with a concentration in Spirituality Mind Body at Teachers College Columbia University, philosopher (BA), Reiki II healer, meditation leader, certified yoga instructor (RYT 200), women’s and moon circle facilitator, mentor and coach, priestess, retreat leader, host of the <u>As It Goes</u> podcast, and creator of all RE SELF content.
Lisa Stockley	Lisa is an astrologer and tarot reader based in London, England. She is a tutor and Director of Studies for the Faculty of Astrological Studies, teaching both online and in person classes. Also a Masters student in Cultural Astronomy and Astrology, she loves to explore the ways we find and create meaning in the world and the impact it has on our lives.
Jahson Tehuti	Jahson wrote his thesis on photo-magnetism, Quantum-Chemistry at Kings College London and now uses quantum mechanics as a fundamental to comprehend the inner-workings of physical existence and show how they are linked to spiritual concepts. Jahson will be presenting a performance of his upcoming EP called Inner Heights, and is a testimony to the presence and power of the/our inner-world.



Presenter	Biography
Arabella Thaïs	Arabella is a trans-disciplinary philosopher doing a PhD in philosophy, cosmology and consciousness at CIIS in San Francisco and lives between California and England. She studied English Literature at Bristol and UCL, and believes that the cosmos itself is a poem unfolding. Her areas of research lie at the intersection of poetics, quantum mechanics, aesthetics, metaphysics and higher dimensional mathematics. She is committed to the evolution of consciousness, and the establishing of a new, holistic worldview. An eternal optimist, she also understands how integral the next generation will be in architecting this new, abundant paradigm.
Ruth Vassilas	Ruth Vassilas is a corporate lawyer turned sociology researcher. She received her law degree from the University of Pennsylvania, and she is now a second-year PhD student in the Sociology department at the University of York in England. Her research focuses on personal and social transformations after spiritually transformative experiences, such as near-death, out-of-body and psychedelic mystical experiences. Alongside her research, Ruth teaches in both the law and sociology departments, including on a new sociology module that debuted this spring entitled Spiritual Realities. She is also the president of York’s Drug Science Society, which educates on and advocates for interdisciplinary approaches to consciousness studies. Ruth’s passion lies in studying human flourishing, bridging spiritual and practical realities, and exploring personal and collective transformations. Ruth will be presenting preliminary findings from her PhD research on how people navigate paradigm shifts after spiritually transformative experiences. She will focus in particular today on experiencers’ social strategies for meaning-making, integrating, and transitioning between an old to new paradigm after they have perceived another dimension of reality.
Vanessa Walach	Vanessa is the Founder and Head of Strategy & content of SEEDS.DOT, connecting knowledge and practices around soul, mind & body. In physical & digital.immersive spaces, SEEDS.DOT is empowering individuals, connecting the dots to raise collective consciousness. Vanessa is a speaker, trainer and workshop facilitator on Emotional intelligence & Heart Coherence. She is an accredited Life-coach, passionate about human mindset, spirituality & the power of emotions in every single customer or personal experience. Vanessa advises innovative startups who create solutions to transform society. Vanessa has worked the past 12 years for Retail & Luxury corporations as well as start-ups, and has a proven track of empowering brand identity, business with impact, meaningful marketing and true leadership. She coaches entrepreneurs & start-ups on brand strategy & go-to-market success. Vanessa is a Soul guiding change in this new world, leading from the Heart and sharing the power of Love.



# Speaker Information

Presenter	Biography
Tobias Wängberg	<p>Tobias holds a BA in mathematics from Linköping University and a MA in mathematical statistics from Stockholm University. He further holds a Licentiate degree in mathematical statistics from Stockholm University where he conducted inter-disciplinary research part of the Human Cell Atlas Project, which is aimed at creating a taxonomy of all human cells based on their gene expression profiles. Dismayed by the current state of academia, and our Western culture at large, Tobias decided to leave the conventional academic path to pursue a PhD in philosophy and religion at the California Institute of Integral Studies. Through his research, Tobias hopes to contribute to moving past the deeply rooted dogmatic materialist conceptions that hamper a healthy understanding relationship to ourselves and the world around us. In his presentation, Tobias will present ideas that relate to his upcoming thesis project. It is widely believed in contemporary science that our thoughts are constructed by our brain. The common assumption is that based on the data fed to it by our senses, our brain creates our thoughts of the world by mechanisms analogous to that of a computer. Tobias will argue that this way of relating to ourselves and our thinking process has destructive consequences for how we relate to ourselves and the outer world. Moreover, based on testimonies of how discoveries are in fact made in science, mathematics and the arts makes the above assumption difficult to justify, and points to the idea that thoughts are in fact perceived rather than constructed.</p>
Laurel Waterman	<p>Laurel is a doctoral student in Curriculum and Pedagogy, Well-being Emphasis, at the Ontario Institute for Studies in Education (OISE) at the University of Toronto. Her research focuses on transformative education about consciousness for well-being. She specializes in narrative inquiry research and is working to popularize participatory and post-materialist paradigms in the field of education and educational research. She holds an MA in Adult Education and Community Development from OISE, and has been teaching narrative non-fiction writing in the Professional Writing and Communication program at the University of Toronto, Mississauga since 2009.</p>
Gloria Yehilevsky	<p>Dubbed a 'visionary' by the San Diego Troubadour, Gloria is a London-based composer, percussionist, producer, and researcher championing collaborative and transdisciplinary music. She co-directed "Dreamerfly, and other stories," an evening-length performance combining animation and original jazz commissioned by the Herbert Art Gallery &amp; Museum. She performed with the San Diego Symphony and World Percussion Group, won the Italy PAS International Vibraphone competition and PAS/Armand Zildjian Percussion Scholarship, and is a Musical Merit protégé. Recent and upcoming appearances include Zaratan (PT), Flatpack Festival (UK), Universitatea de Vest din Timișoara (ROM), Transplanted Roots (US), and Centrala Space (UK). Her duo "Minister of Loneliness," co-created with Chinese animator Shiyi Li, was invited to the PGVIM International Symposium (TH). She serves as Associate Editor of Percussive Notes and holds an MMus in Instrumental Performance (percussion) and an MSc in Psychology, both with distinction. The former from Royal Birmingham Conservatoire and the latter from the University of Greenwich.</p>



# Secure Your Ticket to the 2024 Symposium

Your valuable support helps us to continue developing the New Paradigm Navigators  
Project

(the New Paradigm Navigators - NPNs - is the name for our young person/next  
generation community of the Scientific and Medical Network)

[Secure My Ticket!](#)

## Feedback following our 2023 Symposium

"What a fantastic event! Congratulations and gratitude! (Bruno)

"What a fantastic symposium... all these people together in love and produced something  
so beautiful into the world." (Paul)

"Thanks so much to you and all the other New Paradigm Navigators for organizing such  
an inspiring weekend. I was...so impressed and moved - not only by the wide range of  
fascinating presentations but also by the congenial, loving atmosphere in which all the  
discussions were conducted. It was a wonderful confluence of mind, heart and spirit."  
(Bernard)

"That was a fabulous weekend of talks and other interactions and a great crowd in  
attendance. So varied but so well balanced and lovely enthusiastic young presenters....  
(the) programme was so fresh and exciting." (Marilyn)

"This work is so crucial..." (Helen)





# Follow the New Paradigm Navigators



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# Become a Member of the Scientific and Medical Network

(Special Discount Offer Below)

Your support helps us to continue developing the New Paradigm Navigators Project (the name for our young person/next generation community of the Scientific and Medical Network)

[Find out more about the New Paradigm Navigators Team and ongoing projects](#)

## Every membership includes:

- Special discount prices on events
- Access to a webinar library of over 100 talks and conferences
- Members directory for networking
- Informal webinars
- Members newsletter
- Book reviews
- Access to Paradigm Explorer - the SMNs journal, published quarterly
- Private social networking space, and more....!

If you have been inspired by the New Paradigm Navigators project and wish to support their ongoing work in the world, we are offering a special Students of Spiritual Science Symposium discount on the Standard Annual membership subscription. Click the button below to find out more and take advantage of the offer (£10 off the standard price):

[Yes, I want to sign up!](#)

Please note, if you **are currently a student or postgraduate (actively studying or researching)**, you are warmly invited to take advantage of two years free membership. [Click here for more information](#)

